

Model's Name: _____

Skin Health History

1. Is this your first facial? Yes___ No___

2. What special areas of concern do you have?

3. Are you presently under a physicians care for any current skin condition? Yes___ No___
If yes, describe:

4. Are you pregnant? Yes___ No___

5. Are you taking birth control? Yes___ No___

6. Are you taking hormone replacement medication? Yes___ No___

7. Do you wear contact lenses? Yes___ No___

8. Do you smoke? Yes___ No___

9. Do you experience stress often? Yes___ No___

10. Have you had skin cancer? Yes___ No___

11. Are you presently using or have you used in the past:

- a) Differin _____ If so, when and for how long? _____
- b) Renova _____ If so, when and for how long? _____
- c) Retin-A _____ If so, when and for how long? _____
- d) Azelex _____ If so, when and for how long? _____
- e) Tazarac _____ If so, when and for how long? _____
- f) Glycolic _____ If so, when and for how long? _____
- g) Cortisone _____ If so, when and for how long? _____
- h) AHA'S or BHA'S _____ If so, when and for how long? _____
- i) Accutane _____ If so, when and for how long? _____

12. Do you have acne? Yes___ No___

13. Do you have any allergies to cosmetics, foods or drugs? Yes___ No___
If yes, please list:

14. Are you presently taking any medications – oral or topical? Yes___ No___
If yes, please list:

15. What skin care products are you presently using?

soap___ cleanser___ toner___ scrub___ mask___ creams___ sunscreen___ other___

16. Please circle if you are affected with, or have, any of the following:

- | | | | |
|------------------|-----------|----------------------|-------------------|
| Asthma | Hepatitis | Metal plates or pins | Pacemaker |
| Cardiac problems | Herpes | High blood pressure | Sinus problems |
| Skin diseases | Eczema | Kidney problems | Immune disorders |
| Fever blisters | Lupus | Epilepsy | Chronic headaches |

Skin Classification

Normal

Dehydrated

Aging

Thin

Sensitive

Oily

Open follicles

Comedones

Milia

Blocked follicles

Acne

Grade: I II III IV

Rosacea

Scars

Wrinkles/expression lines

Superficial lines

Deep lines

Relaxed elasticity

Good elasticity

Couperose/Telangiectasia

Discolorations

Hypopigmentation

Hyperpigmentation

Facial Treatment Record

Type of treatment:

Products used:

Recommended home care: